

T3

Unit 2, Reading, exercise 2

What is kitesurfing?

On a windy day, some people go to the park and they fly a kite. Others go surfing or windsurfing. But another activity is kitesurfing.

To do this sport, you need a small surfboard, a large kite, open water and wind. It's the wind and not the water that helps you move. Some kitesurfers love doing jumps, others like competing in races while others like travelling long distances.

Meet British teenager Adam Farrington. At 14, he's the youngest kitesurfer to cross the English Channel (the sea between England and France). That's about 111 kilometres in 5 hours 19 minutes. Not easy – the wind is strong and the waves are sometimes big! The Channel is always busy with large ships. And don't forget that standing on a board for hours is hard work for your legs!

What's next for Adam? He enjoys competitions, like the British Kitesurfing Freestyle Championships, and he's one of the best. Adam hopes to be part of his country's team at the Olympic Games in the future.